

# Build-Up for Success!

## 1 Concert F

▶ Do your right and left hand sound the same?

▶ Practice at different volumes by changing the stick height.

Opt 1  
R... L...

Opt 2  
R... L... R... L...

Opt 3  
R L... L R... L R... L R...

Tuba  
Low WW

Baritone  
Horn

Trombone  
Sax

Trumpet  
Clarinet

All  
Flute

Opt 1  
R... L... R R L L R R L L R L R L

Opt 2  
R R R R L L L L R R R R L L L L R R L L R R L L R R L L R L R L R L R L

Opt 3  
R L...

## 2 Articulation

▶ Allow the multiple bounce strokes to overlap to create a continuous sound.

R R R R L L L L R L R L R L R L RLRLRLRL

RLRLRLRL RLRLRLRLRLRLRLRLRL RLRLRLRLRLRLRLRLRL

Repeat with NO RESTS

# Build-Up for Success!

Percussion

3

## Lip Slur #1

► Variation 1 - Play all accented notes as flams

► Variation 2 - Play all accented notes as diddles

X

A

Opt  
1 or 2

B

C

D

Opt  
1 or 2

E

F

G

Opt  
1 or 2

4

## Lip Slurs #2

A

B

Opt 1

Opt 2

C

D

Opt 1

Opt 2

# Build-Up for Success!

Percussion

## 5 Long Tones ▶ Variation - Play all eighth notes as sixteenth notes alternating hands

**A**

R R R R R R R R R L R R L R R L R R L R R R R R R R R R  
L L L L L L L L L L R L L R L R L R L R L L L L L L L L L L

**B**

R R R R R R R R R R L L R L L R L L R L L R R R R R R R R R R  
L L L L L L L L L L R R L R R L R R L R R L L L L L L L L L L

**C**

R R R R R R R R R R R R L R R L R R L R R L R R R R R R R R R R  
L L L L L L L L L L L L R L L R L R L R L R L R L L L L L L L L L L

**D**

R R R R R R R R R L R L L R L L R L L R L L R R R R R R R R R R  
L L L L L L L L L R L R R L R R L R R L R L L L L L L L L L L L L

**E**

R R R R R R R R R R L R L R L R L R L R R R R R R R R R R R R R R  
L L L L L L L L L L R L R L R L R L R L L L L L L L L L L L L L L

**F**

R R R R R R R R R R R L R L R L R L R L R R R R R R R R R R R R R  
L L L L L L L L L L L R L R L R L R L R L L L L L L L L L L L L L L

**G**

R R R R R R R R R R L R L R L R L R L R R R R R R R R R R R R R R  
L L L L L L L L L L R L R L R L R L R L L L L L L L L L L L L L L

**H**

R R R R R R R R R R L R L R L R L R L R R R R R R R R R R R R R R  
L L L L L L L L L R L R L R L R L R L L L L L L L L L L L L L L

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Percussion

6 Remington Long Tones

**A**

R L R R L R L L R L R R L R L L R L L R L R R L R L L R L R R L R L L R L R R L

R R L R L L R L R R L R L L R L R L R L R L R L R L L R L R

R R R L R R R L R R R L R R R L L L L R L L L R L L L R L L L R

**B**

R R R R L L L L R R L L R R L R L R L R L R L R R L L R R L L R R L L R

L R L R L R L R L L R R L L R R L L R R L R L R L R R L L R R L L R L R R L L R R L L R

L R L R L L R R L L R R L R L L R R L L R R L R L R R L L R L R R L L R R L L R R L L R

**C**

R R L R L R R L R L R R L R L R R L R L R L L R L R L L R L R L L R L R L L R L

R R L R R L R R L R R L R R L R R L R R L R L L R L L R L L R L L R L L R L L R L L R L L

R L R R L L R L R R L L R L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

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Percussion

D

R L L R R L L R L L R R L L R L L R R L L L R L R R L L R L R L R L R L R L R L R L R L R L R L L R L L R L R L R L R L

R L L R L R L R L R L R L R L R L R R L R L R L R L R L R L L R L R L R L R L R L R R L R L R L R L R L L R L R L R L R L

R L R L L R L R L R L R L R L R L L R L R R L R L R L R L R L R R R L L R L R L R L R L R L L L R R L R L R L R L L

R L L L L R L R L R L R L R R L L R L R L R L R L L L R R L R L R L R L R L R L R L L R L R L R L